

newsflash

Subee Newlake News and Passwords • Sept 2022



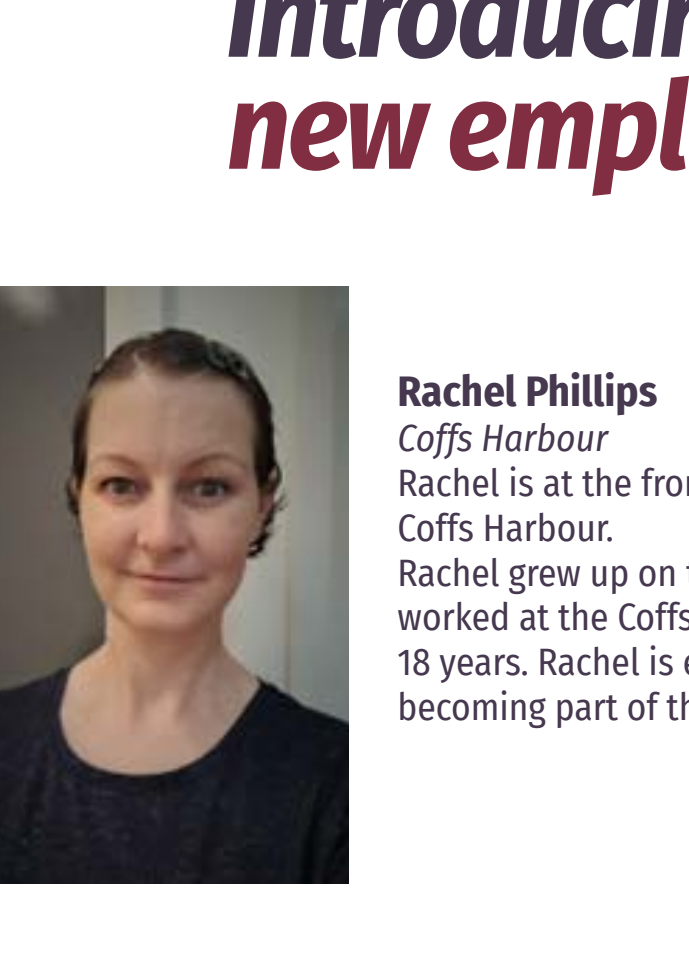
Your new password

The monthly password to access the Staff Portal for September 2022 is:

USERNAME: Staff
PASSWORD: Harbour

- Our Staff Portal
- Our Website

EMPLOYEE OF THE MONTH

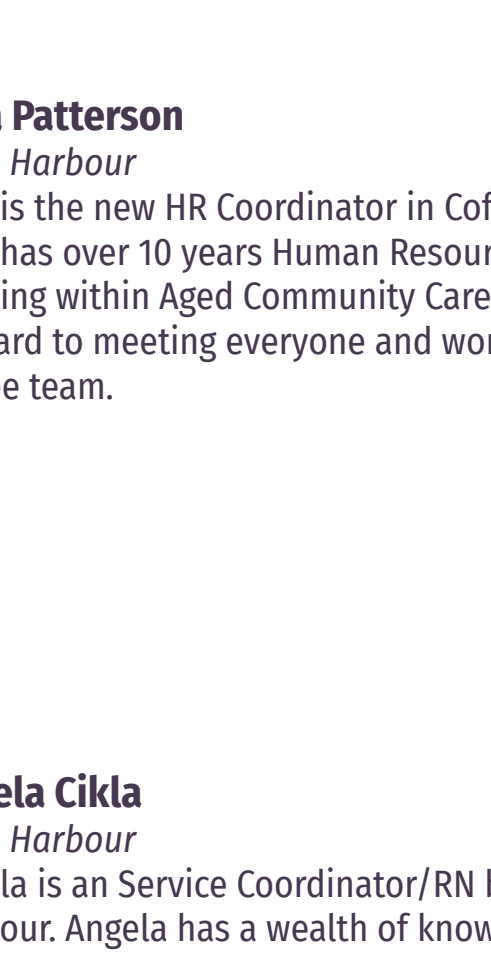


Employee of the Month

Roslyn Rogers
Newcastle
Roz has been a valued team member of SubeeNewlake since 2004. Roz continually works hard to assist clients to reach their goals. Congratulations & well done Roz !!!!

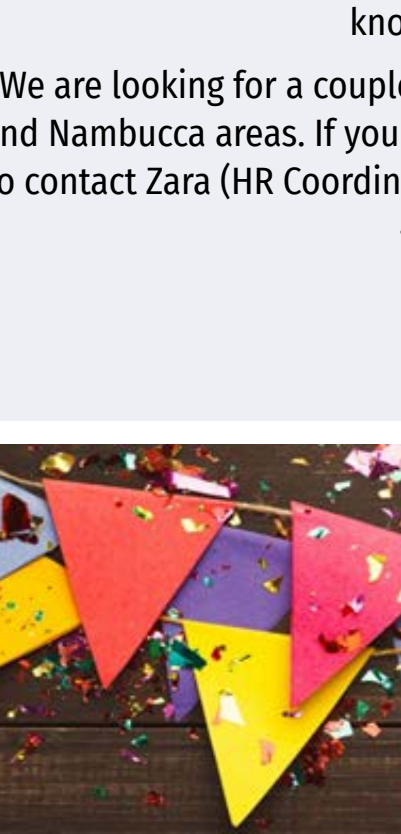
Donna Widders
Coffs Harbour
Donna has received positive feedback from her clients who love her. She is reliable, caring and open to listening to suggestions that improve client care. Thank you for the high quality of care and support you provide.

Congratulations Donna

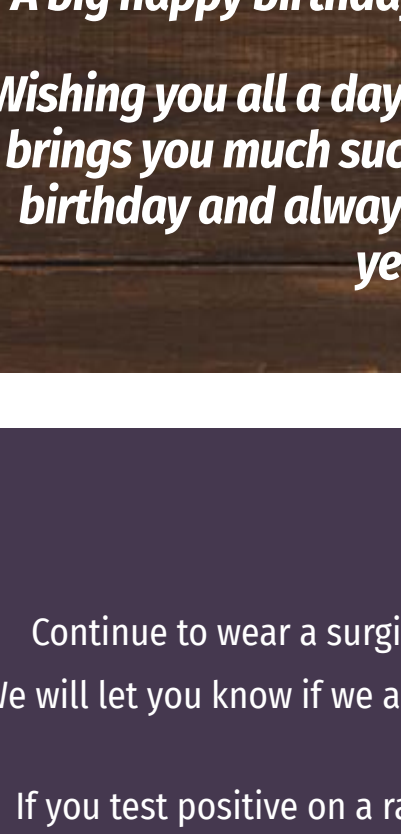


EMPLOYEE OF THE MONTH

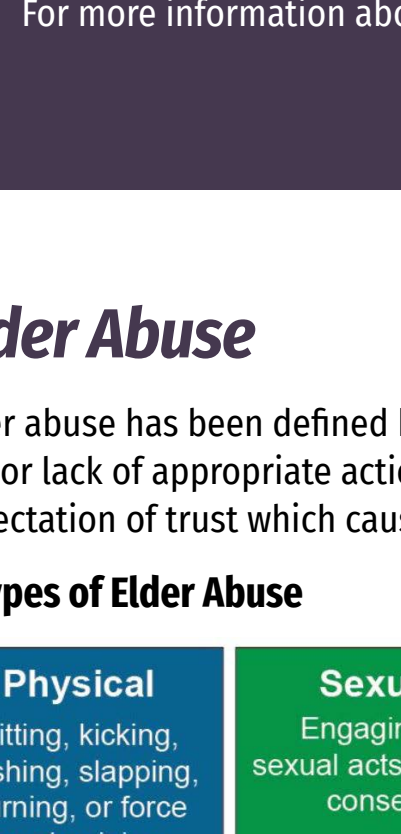
Introducing our new employees



Rachel Phillips
Coffs Harbour
Rachel is at the front reception as business support at Coffs Harbour. Rachel grew up on the Coffs Coast and has previously worked at the Coffs Harbour Hospital for the past 18 years. Rachel is excited about the change and becoming part of the Subee team.



Zara Patterson
Coffs Harbour
Zara is the new HR Coordinator in Coffs Harbour. Zara has over 10 years Human Resource experience working within Aged Community Care. Zara is looking forward to meeting everyone and working within the Subee team.



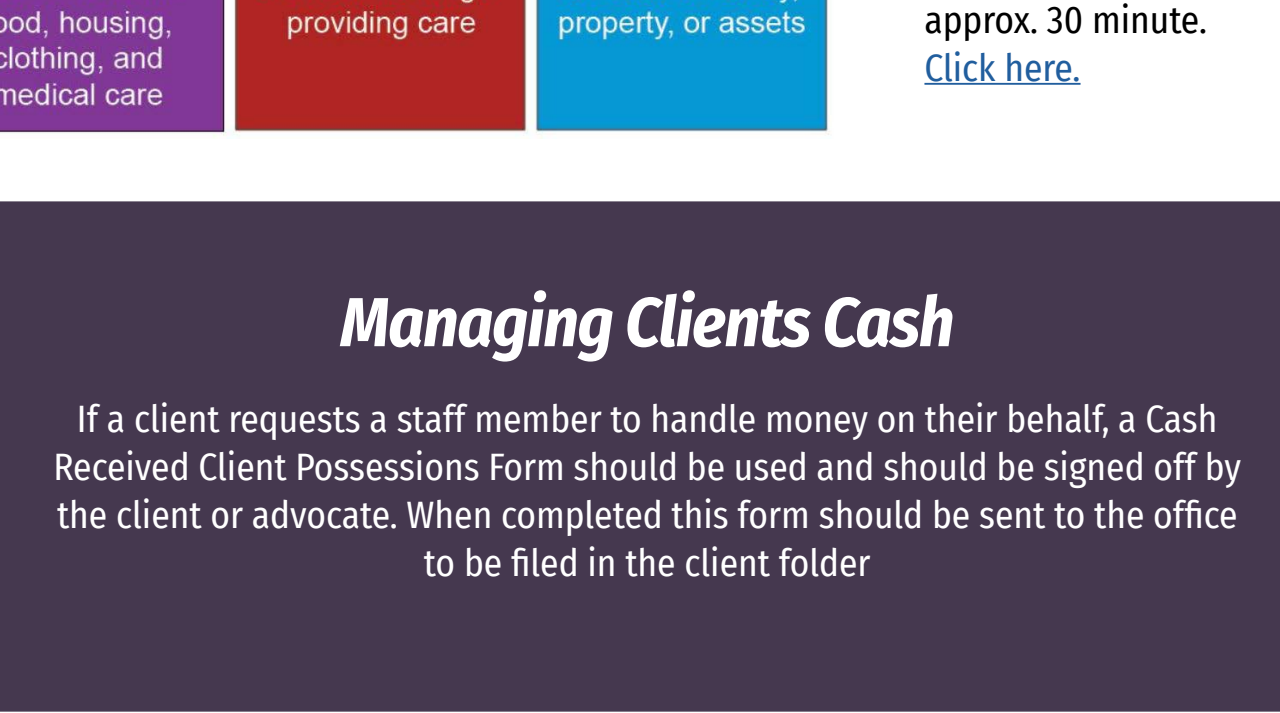
Angela Cikla
Coffs Harbour
Angela is a Service Coordinator/RN based in Coffs Harbour. Angela has a wealth of knowledge and experience working as a community nurse on the Coffs Coast. Angela is looking forward to becoming part of the Subee team and providing nursing care and care management to our clients.

Support Work Available Coffs Harbour

If you are after more work and/or available for more places please let Angela (Rosters) know - amartin@subeenewlake.com.au

We are looking for a couple of Community Support Workers also for the Coffs Harbour and Nambucca areas. If you know of anyone who would be interested, please refer them to contact Zara (HR Coordinator) on (02) 6651 3153 or zpatterson@subeenewlake.com.au

Thank you, Zara (HR Coordinator)



A big happy birthday to everyone with a birthday this September.

Wishing you all a day full of laughter and happiness and a year that brings you much success. May all life's blessings be yours, on your birthday and always. Wishing you a happy birthday, a wonderful year and success in all you do.

COVID-19 Update

Continue to wear a surgical mask when you cannot socially distance or are inside. We will let you know if we are informed of any clients or their family members who have tested COVID-19 positive.

If you test positive on a rapid antigen test or a PCR test, you must immediately self-isolate for 7 days from the date of your positive test and follow the advice for people testing positive to COVID-19 and managing COVID-19 at home.

For more information about how to self-isolate, read the NSW Health Self-Isolation Guidelines.

Elder Abuse

Elder abuse has been defined by the World Health Organisation as 'a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person'.

6 Types of Elder Abuse

| | | |
|--|--|---|
| Physical Hitting, kicking, pushing, slapping, burning, or force causing injury | Sexual Engaging in sexual acts without consent | Emotional Harming self-worth or emotional well-being, name calling, and scaring |
| Neglect Failing to meet basic needs like food, housing, clothing, and medical care | Abandonment Leaving elders alone or no longer providing care | Financial Illegally misusing an elder's money, property, or assets |

Elder abuse can take various forms, including: financial, physical, psychological, emotional and sexual abuse, or neglect. No older person should be subjected to any form of abuse

Understanding Abuse
Free online module, approx. 30 minute. [Click here.](#)

Managing Clients Cash

If a client requests a staff member to handle money on their behalf, a Cash Received Client Possessions Form should be used and should be signed off by the client or advocate. When completed this form should be sent to the office to be filed in the client folder

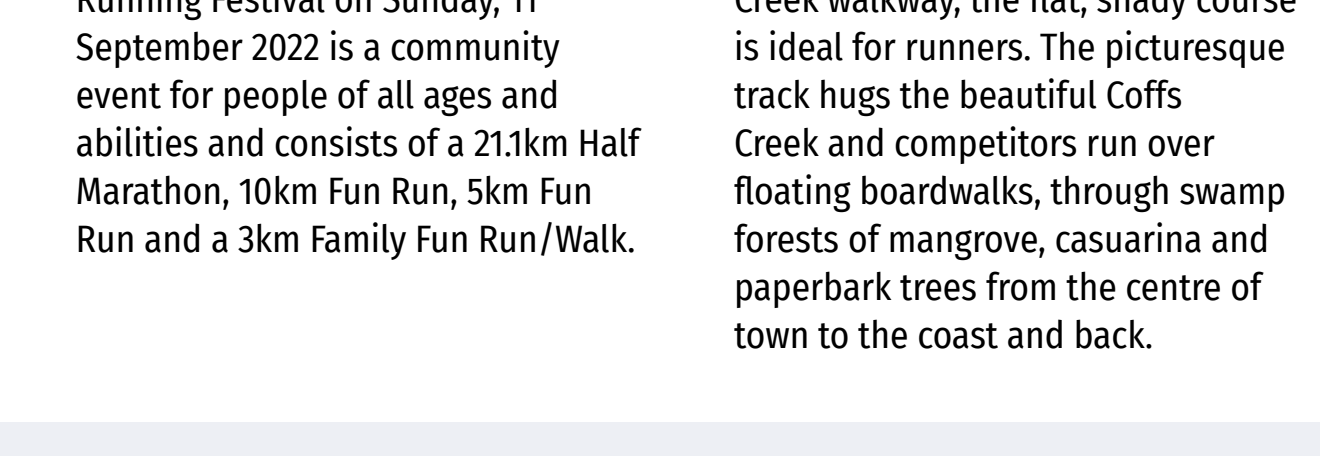
Uniforms Update

There will be an 8-10 week delay on uniform orders. Apologies to those who are waiting, but it a supplier issue that is out of our control. We will get in touch as soon as they arrive.

We all have a role to play in preventing suicide.



10 September 2022

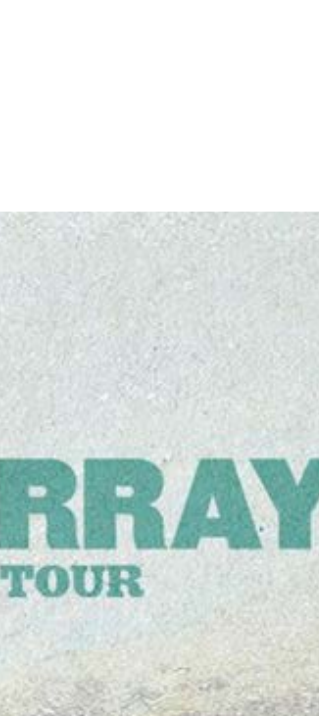


Suicide Prevention Australia acknowledges the suffering suicide brings when it touches our lives. We are brought together by experience and are unified by hope.

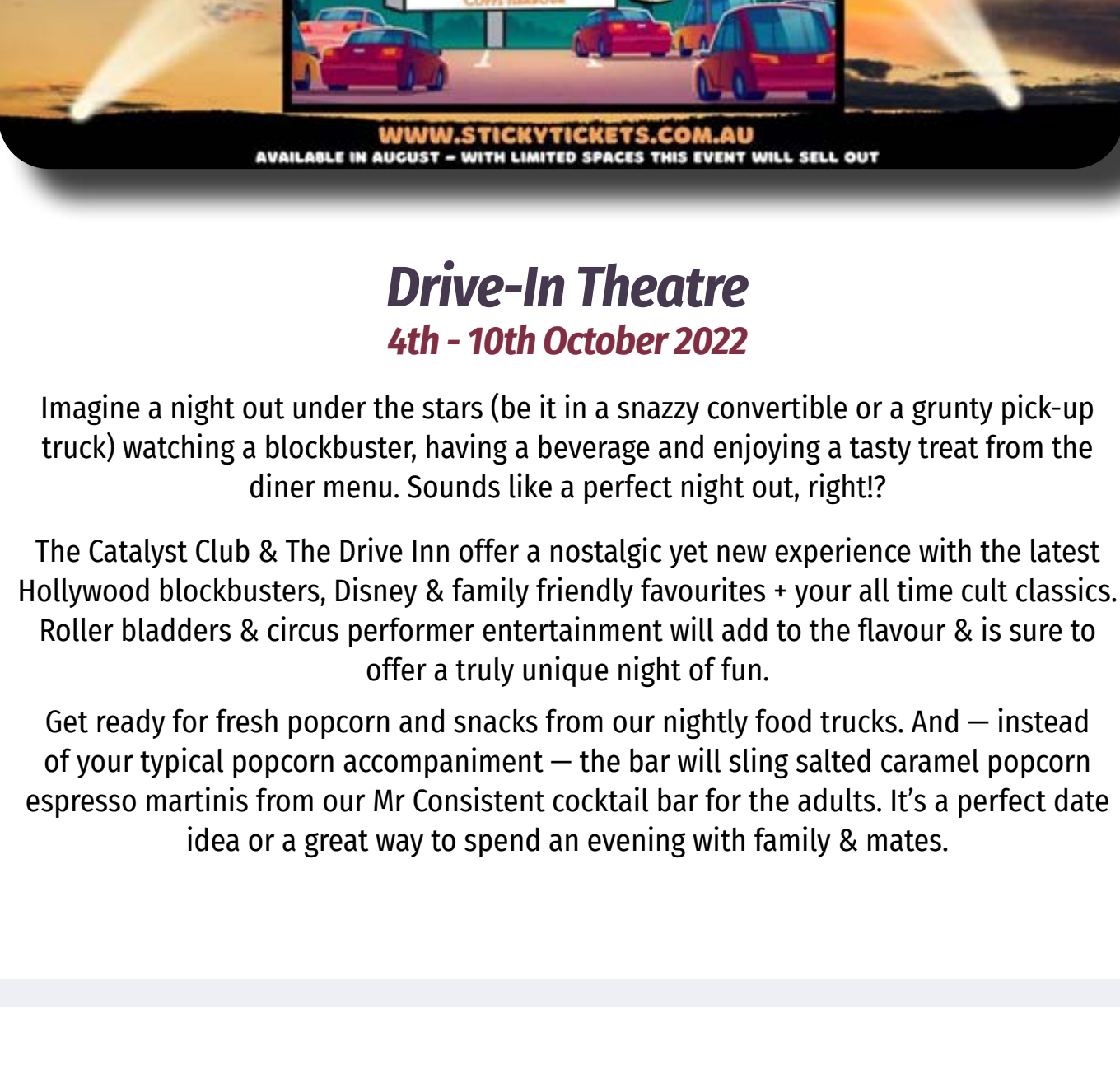
If you or someone you know is struggling, please reach out for help

Lifeline: 13 11 14 **Beyond Blue: 1300 224 636** **Suicide Call Back Service: 1300 659 467**

suicidepreventionaustralia.org/find-help



Upcoming Events - Coffs Harbour



Drive-In Theatre

4th - 10th October 2022

Imagine a night out under the stars (be it in a snazzy convertible or a grumpy pick-up truck) watching a blockbuster, having a beverage and enjoying a tasty treat from the diner menu. Sounds like a perfect night out, right?!

The Catalyst Club & The Drive Inn offer a nostalgic yet new experience with the latest Hollywood blockbusters, Disney & family friendly favourites + your all time cult classics. Roller bladders & circus performer entertainment will add to the flavour & is sure to offer a truly unique night of fun.

Get ready for fresh popcorn and snacks from our nightly food trucks. And – instead of your typical popcorn accompaniment – the bar will sling salted caramel popcorn espresso martinis from our Mr Consistent cocktail bar for the adults. It's a perfect date idea or a great way to spend an evening with family & mates.



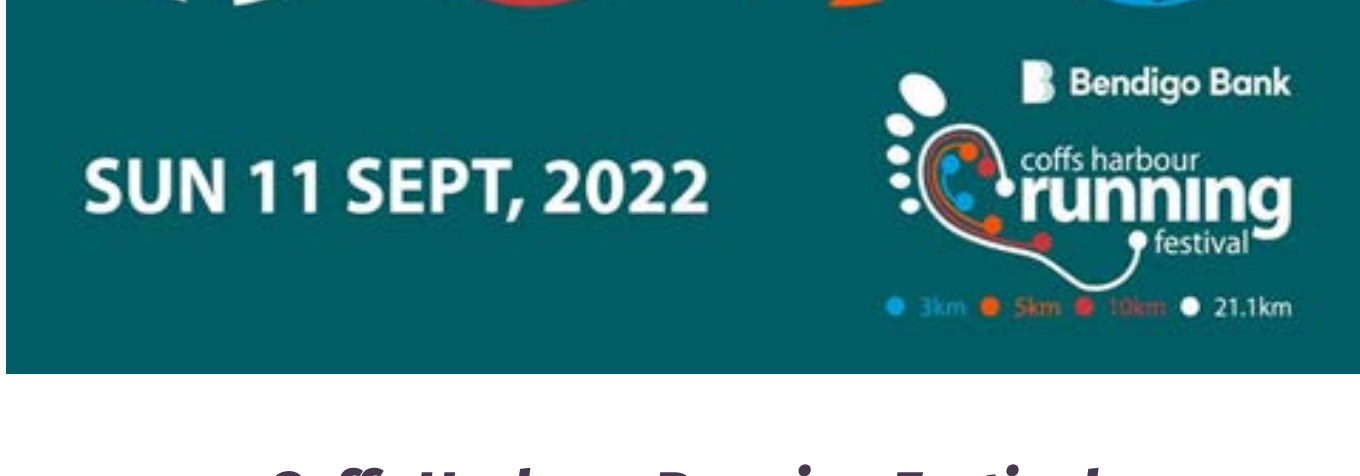
Monster Trucks

1st October 2022

Jet Van, Fireworks, Stunt Acts and Much More Coffs Harbour Showgrounds Gates open at 2pm, Main Program at 5pm

General Admission (TAKE a fold up chair or blanket to sit on)
Adults \$45 | 2-14yrs \$35 | Family Pass (2 Adults and 2 kids 2-14yrs) \$150

Gold / Premium Seating Limited Seats (Grandstand in Gold Section) Adults \$70 Kids 2-14yrs \$50 | Family (2 Adults and 2 Kids 2-14yrs) \$230



Curryfest

24 September 2022

Each year, Curryfest attracts more than 15,000 people from right across the country and the globe to the picturesque beachside town of Woolgoolga in NSW.

Why? Delicious food, world-class entertainment, market stalls and fun for the whole family are definitely some of the reasons.

However what really sets this festival apart and has seen it rise to be one of the top Destination NSW Flagship Events is the celebration of culture, diversity and community.

It's all about the Food.. Culture.. Dance

Curryfest is a not-for-profit community festival, bringing together the local businesses and community groups to boost tourism and benefit community projects.

Taking place in Woolgoolga on the September 24th, the 17th annual event is set to be one of the best yet.

Admission to the event is \$10 per adult, children are free.



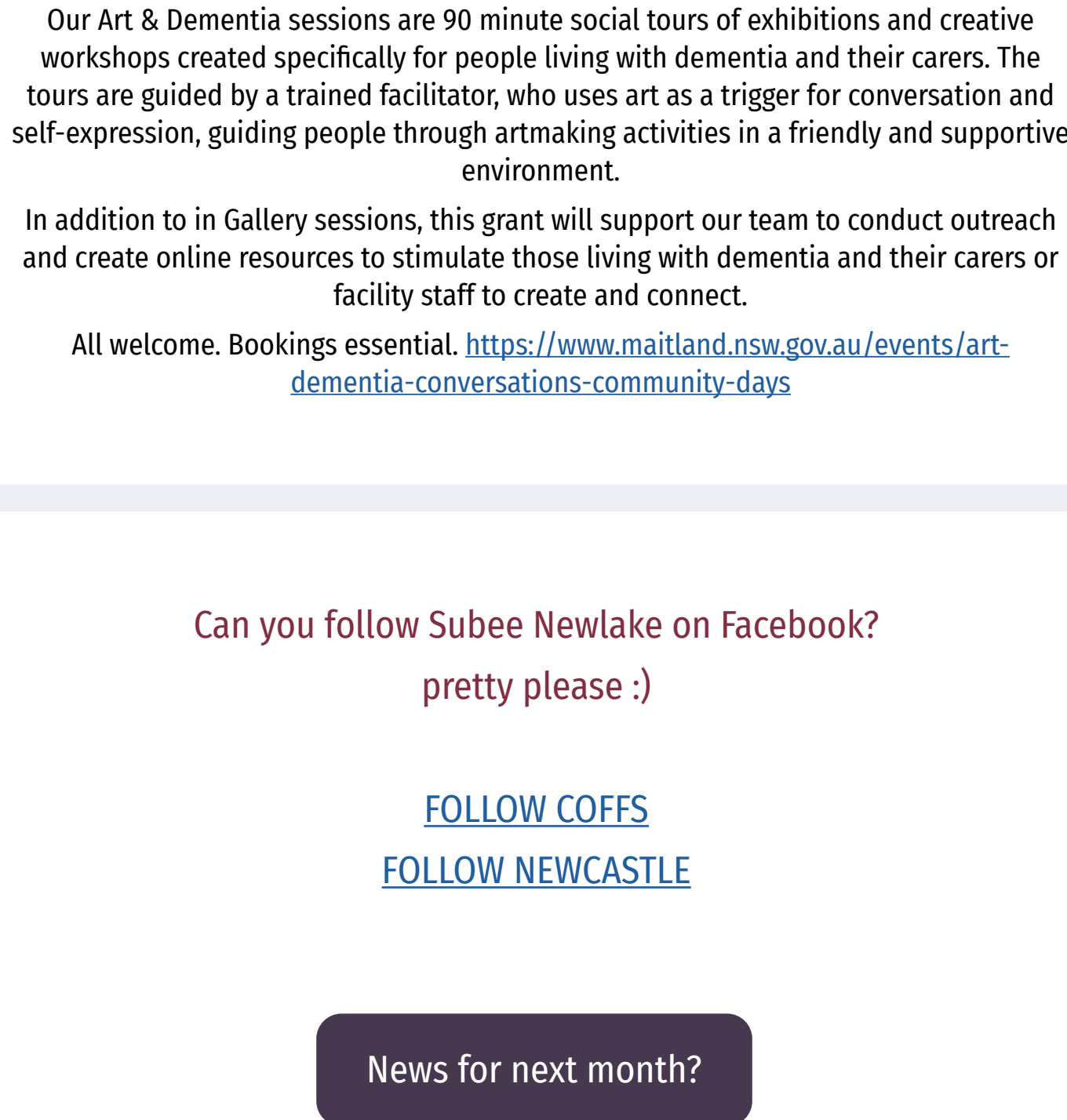
Coffs Harbour Running Festival

11 September 2022

The Bendigo Bank Coffs Harbour Running Festival on Sunday, 11 September 2022 is a community event for people of all ages and abilities and consists of a 21.1km Half Marathon, 10km Fun Run, 5km Fun Run and a 3km Family Fun Run/Walk.

Held on a bush trail on the Coffs Creek walkway, the flat, shady course is ideal for runners. The picturesque track hugs the beautiful Coffs Creek and competitors run over floating boardwalks, through swamp forests of mangrove, casuarina and paperbark trees from the centre of town to the coast and back.

Upcoming Events - Newcastle



Pete Murray

29 September 2022

Multi-platinum selling Pete Murray is hitting the road to celebrate the release of new EP 'Before I Go!' and bringing his epic show to The Exchange!

Having released 7 albums over an impressive career (one of only a few Australian artists with over 1 million album sales) Pete and his band are travelling the east coast, bags packed with stunning new tracks and classic hits alike!

Tickets: <https://bit.ly/PeteMurrayExchange>

Art & Dementia: Conversations & Community Days

Every Sunday | Maitland Regional Art Gallery

Every Sunday families are welcome to book in to attend free art activities inspired by the exhibitions on display. Bookings are open for each Sunday

Our Art & Dementia sessions are 90 minute social tours of exhibitions and creative workshops created specifically for people living with dementia and their carers. The tours are guided by a trained facilitator, who uses art as a trigger for conversation and self-expression, guiding people through artmaking activities in a friendly and supportive environment.

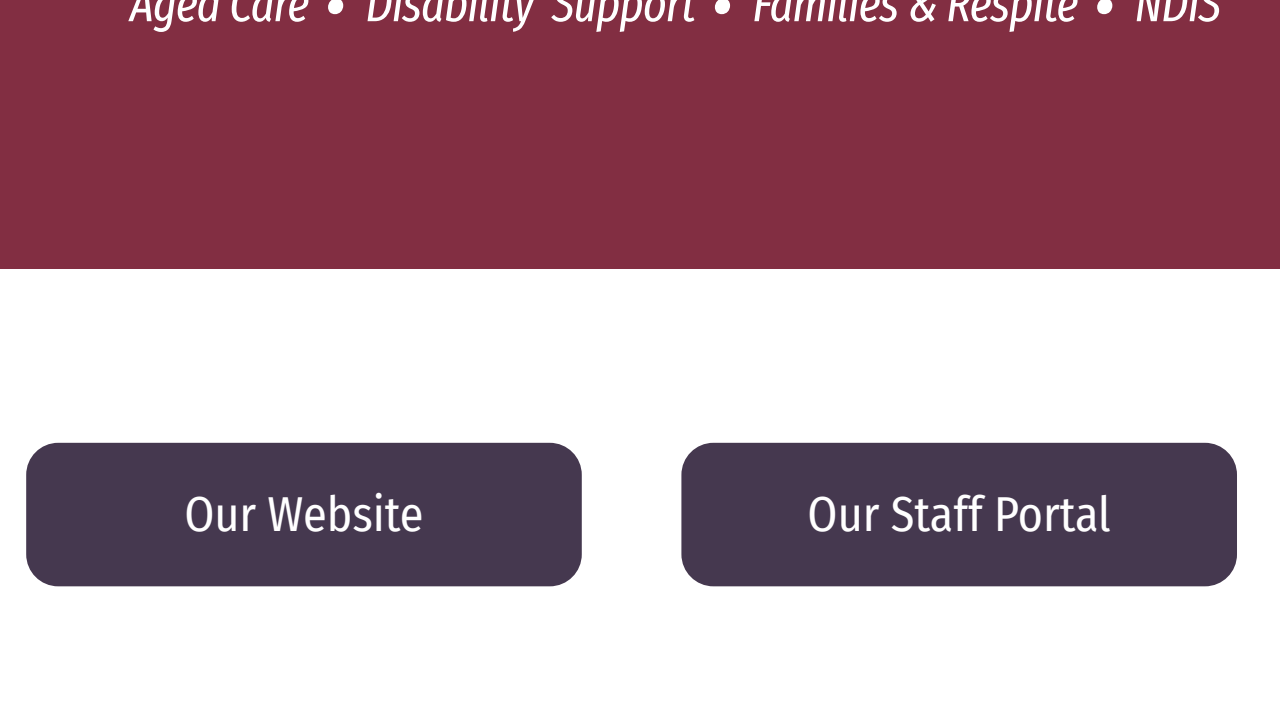
In addition to in Gallery sessions, this grant will support our team to conduct outreach and create online resources to stimulate those living with dementia and their carers or facility staff to create and connect.

All welcome. Bookings essential. <https://www.maitland.nsw.gov.au/events/art-dementia-conversations-community-days>

Can you follow Subee Newlake on Facebook?
pretty please :)

[FOLLOW COFFS](#)
[FOLLOW NEWCASTLE](#)

News for next month?



Our Website

Our Staff Portal