

In-Home Care • NDIS Disability Support • Aged Care • Packages

June Newsletter 2022

Employee Of The Month

Upcoming Events

Coffs Harbour

Sharks v Titans

Sat 18 June 2022 3:00pm

C.ex Coffs International Stadium, Coffs Harbour, NSW

Tickets on sale from 22/04/2022-



https://premier.ticketek.com.au/shows/show.aspx?sh=SHARKS1522

Harbourside Market

An authentic outdoor market held every Sunday set alongside the Jetty Foreshore and historic jetty in Coffs Harbour.

There is a huge range of unique art and craft, fresh local produce, tasty gourmet food and delicious beverages. Their philosophy is locally made, locally grown so you are guaranteed a unique experience.

Fun and entertainment for everyone with activities, live music, and performers every week. They regularly host community workshops, festivals, and events. Join the community for the day and see why they love living there.

Bellingen Readers Writers Festival.

The Bellingen Readers & Writers Festival is a celebration of Australian writing in all its many forms. You'll find us across June 10th-12th 2022 in our new location at the Bellingen Showgrounds. Located on the spectacular Waterfall Way, between ocean beaches and ancient Gondwana rainforest, the Bellingen area has been the inspiration for many celebrated writers, artists, performers – you name it.

The 2022 program includes Author talks from:

Norman Swan, Claire G. Coleman, Dick Smith, Charlotte McConaghy, Tim Dean, Sofie Laguna

When: 10 - 12 June 2022



Where: Bellingen showgrounds 37 Hammond St, Bellingen NSW

Upcoming Events

Newcastle

Newcastle Knights V Penrith Panthers

Sunday 12 June, 4:00pm to 6:00pm

McDonald Jones Stadium Broadmeadow 2292

Tickets on Sale -



https://www.ticketmaster.com.au/newcastle-knights-v-penrith-panthers-newcastle-12-06-2022/event/13005C4B6DA642F0

Mental wellbeing workshops for women

We're headed back to Newcastle in the week of 20th June 2022! As part of this activation, we are keen to work with as many local groups as possible. The more people we work with the greater the collective connection and emotional literacy across the community. Which means improved mental fitness, better relationships, and generally better lives for locals.

So if you have a local group and would love to work on your group connection and build more emotional muscle get in touch for more info.

Source: mailto:workshops@tomorrowwoman.com.au

When: Mon 20 June – Fri 24 June

Newcastle City Farmers Market

When: June 19th @ 7:00am – 1:00pm

Where: Newcastle City Farmers Market (Broadmeadow)



Have you liked us on Facebook yet?



Coffs Harbour

"Subee Newlake Coffs Coast"

Newcastle

"Subee Newlake Newcastle"



Wishing you all a day full of laughter and happiness and a year that brings you much success. May all life's blessings be yours, on your birthday and always. Wishing you a happy birthday, a wonderful year and success in all you do.