

Urinary Catheter Care and Management

POLICY AND PROCEDURE

Purpose

The Urinary Catheter Management policy and procedure is to ensure that clients with a catheter receive appropriate management relevant to the client's specific individual needs.

Catheter management procedures are carried out within the Subee Newlake Clinical Governance Policy framework that promote best practice standards, safety, and competency in clinical care, limiting risks to the client and staff.

Scope

All support workers that have clients with urinary catheter management as part of their care should follow the Urinary Catheter Management Policy and Procedure.

The Registered Nurse/s of Subee Newlake are responsible for the assessment, planning and review of the client Care Plan.

The Registered Nurse is also responsible for training and competency-based assessment of support staff involved in catheter management.

Definitions

Anyone who cannot empty their bladder may need a catheter.

A urinary catheter is a hollow, partially flexible tube that collects urine from the bladder and leads to a drainage bag. Urinary catheters come in many sizes and types.

Indwelling Urinary Catheter (IDC): A catheter, which is inserted into the bladder, via the urethra and remains in situ to drain urine

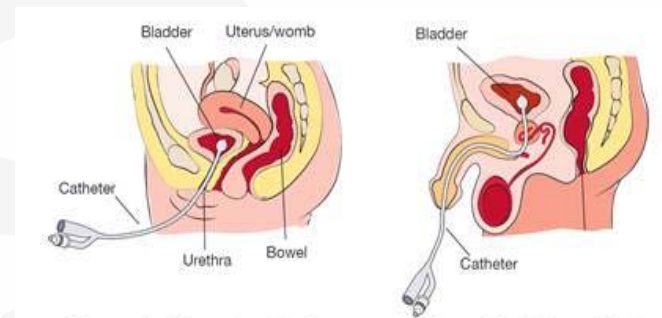
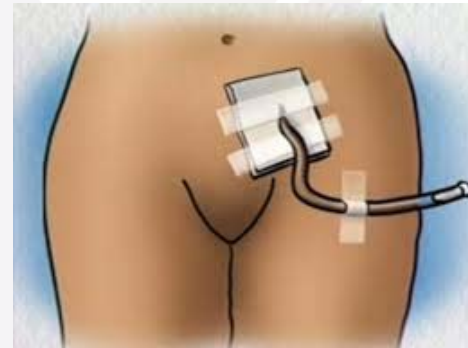


Figure 1 – Female catheter

Figure 2 – Male catheter

Suprapubic catheter is a hollow flexible tube that is used to drain urine from the bladder. It is inserted into the bladder through a cut in the abdomen, a few inches below the navel



In-out catheter often called 'intermittent catheter' is temporary and normally used to empty the bladder. Clients can often perform this self-catheterisation themselves.

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Relevant Standards

National Disability Insurance Scheme (Provider Registration and Practice Standards) Rules 2018. Module 1: High Intensity Daily Personal Activities

Aged Care Standards 3, 3 (a) i,ii,iii & 3, 3 (b).

Australian Community Industry Standards (ACIS) 2018, 5.3.

Procedure

Subee Newlake's Clinical Governance Framework ensures all staff employed have the appropriate professional qualifications to carry out clinical support to clients with high intensity daily support activities.

The Registered Nurse completes an assessment of the client's support needs and with the client and or their advocate develops a Nursing Care Plan that reflects their individual needs and choice.

Nursing Care Plan reflects:

- Doctors' orders and recommendations
- Client input and choice into catheter management plan
- Current best practice standards for catheter management

An Action Plan that addresses how risks, incidents or escalation of incidents to emergencies in relation to catheterisation for example blocked catheter, dislodged catheter, signs of infection and dysrexia are identified and managed.

Refer to Care Plans for Indwelling Catheter F-052 & Supra Public Catheter F-053

The client and or their advocate has signed the Nursing Care Plan.

A copy of the Care Plan stays with the client and a copy is placed in the clients electronic file.

The care plan has a review date of 6 months but will be reviewed earlier if the client, support worker, or registered nurse identifies earlier review is needed.

Earlier review may occur due to change in client's needs, risks are identified, incident report that suggests a review of needs or emergency.

Support workers complete progress notes per visit.

Support staff will contact the service co-ordinator if the identify problems or risks whilst on shift with catheter management. This information is reported back to the Registered Nurse for review.

An incident report is completed by the support staff if required. Service co-ordinator to follow up that the incident report is documented and followed up on by the registered nurse or Operations Manager.

Nursing Care Plan is reviewed by the registered nurse with the client and or advocate if risks, incidents, or emergencies are identified.

Training and Competency

Support Workers **are not trained or authorised** to change urinary catheters as per the high intensity role under the NDIS Quality and Safeguards descriptors. That procedure will be done by a qualified health practitioner or Subee

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Registered Nurse. Support workers are trained in the management of and how to support the client to ensure their health and wellbeing.

Subee Newlake will only engage staff to support clients with a Urinary Catheter Management Plan who demonstrate understanding and knowledge of:

- urinary system for males and females
- hydration
- infection control procedures
- how to replace and dispose of catheter bags
- maintaining charts and records for fluid intake and output
- monitoring of catheter position
- monitoring of skin condition around catheter
- recognise, respond and report blockages or dislodged catheters and
- signs of deteriorating health of the client

The Registered Nurse/s of Subee Newlake are responsible for the training and competency checking of all support workers.

Training is provided on a needs basis to support workers that are providing support to clients with urinary catheter care. Additional eLearning is available on Altura LMS.

Training also includes Risk Management:

The type of catheters

- Descriptor for catheter changing and management
- Managing a catheter related incident

- Signs & symptoms, possible adverse reactions including catheter not draining, kink in tube
- Anatomy related to catheter management
- Cleaning and maintaining catheter equipment

The Catheter Care Plan F-107 is to be followed for adverse effects and emergency's

Related Forms

Client Support Plan

Indwelling Catheter Care Plan F-052

Supra Public Catheter Care Plan F-053

Catheter Care Plan F-107

Autonomic Dysreflexia Action Plan F-115

Catheter Competency Assessment F-CA-

Related Policies & Procedures

Waste Management Policy & Procedure

Infection Control Policy & Procedure

Medication Policy and Procedure

Needle stick and Sharps Policy & Procedure

Clinical Governance Framework Policy and Procedure

Incident Reporting Policy

Confidentiality Policy

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Resources

Australian and New Zealand Urological Nurses Society

<https://anzuns.org/guidelines/>

Guideline for Prevention of Catheter-Associated Urinary Tract Infections. Centre for Disease Control,

<http://www.cdc.gov/infectioncontrol/guidelines/CAUTI/index.html>

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